

Do Not Worry

Matthew 6:25-34

“Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature? “So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; and yet I say to you that even Solomon in all his glory was not arrayed like one of these. Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? “Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

The place for _____ things, and the _____ over _____ things

1. _____, The _____ is superior to _____ things, and deserves our attention (v25)

a. Do not worry about your _____

b. Do not worry _____

c. _____ is more than _____

2. _____ and _____ against worry (v26-30)

a. Look at the _____, they are _____

b. You have far more _____ than them

c. What can worry _____ you?

d. God _____ the _____

3. The Father knows your _____ (v31-32)

a. _____, _____

b. These are the things the _____ seek

4. _____

a. Seek the _____ first

b. All these will be _____

5. Some _____ (v34)

a. Do not _____ about _____

b. Today has enough to _____ about

NOTES:

The Sermon on the Mount



Chris and Bibiana Jackson
- Pastors-

The Rivers Church

1548 Poole Blvd. - Yuba City, CA 95993

Phone: (530) 673-9366 - Email: info@therivers.org

Web: therivers.org

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