

## ***Letting God Down?***

### ***Week 1 Shame and Guilt***

#### **Shame**

Noun: a painful feeling of humiliation or distress caused by the consciousness of wrong or foolish behavior.

Verb: cause (someone) to feel ashamed or inadequate by outdoing or surpassing them.

#### **Guilt**

Noun: the fact of having committed a specified or implied offense or crime

Verb: make (someone) feel guilty, especially in order to induce them to do something.

I. \_\_\_\_\_ leads to shame and guilt.

a. \_\_\_\_\_ and \_\_\_\_\_ leads to emotional decision making

b. \_\_\_\_\_ tries to cripple us from acts of faith

#### **Isaiah 54:4**

“Fear not, for you will not be ashamed; be not confounded, for you will not be disgraced; for you will forget the shame of your youth, and the reproach of your widowhood you will remember no more.

#### **2 Timothy 1:7**

For God gave us a spirit not of fear but of power and love and self-control.

II. \_\_\_\_\_ leads to shame and guilt

a. Sin without \_\_\_\_\_ and \_\_\_\_\_ is a heavy burden.

#### **1 John 1:9**

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

III. \_\_\_\_\_ leads to shame and guilt

a. You are NOT \_\_\_\_\_

b. You ARE \_\_\_\_\_

c. You ARE \_\_\_\_\_

#### **John 3:17**

For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

#### **1 John 3:20**

For whenever our heart condemns us, God is greater than our heart, and he knows everything.

#### **John 8:11**

She said, “No one, Lord.” And Jesus said, “Neither do I condemn you; go, and from now on sin no more.”

#### **Psalms 34:22**

The LORD redeems the life of his servants; none of those who take refuge in him will be condemned.

#### **Romans 8:1**

There is therefore now no condemnation for those who are in Christ Jesus.

Don't miss next week when we look at how to recognize and overcome these thoughts!!

<i><b>I Am David - Truths about Greatness</b></i>	
David the Warrior	Greatness comes from the battlefield
David: Warrior 2	Great people own mistakes, becoming greater through them
David the Worshiper	David was the most expressive, extravagant king in his love for God.
David: Worshiper 2	Worship manifests God's presence and power in our lives.
David: Wounded Son	While David is a man after God's heart, he is a terrible father.
David: Wounded Son	Great people rise above their past pain to reach their God-given destiny.
David the Winner	Anyone could do what David did, if they thought like David thought.
David the Winner 2	David's secret to victory was not in how he fought; it was how he thought.
David: Waiting King 1	Great people are exalted by God when they humble themselves under God's direct and delegated authority.
David: Waiting King 2	Four Tests of Submission to Authority
David: Whisper of Pride	David actions revealed arrogance and a break from trust and loyalty to God.
I Am David - Finale	Eight Truths about Greatness

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