

OVERCOMING SHAME - Part 2

The Overcoming Life - Week 9

God's Solution to Sin and Shame

I. Sin and shame's require a _____

(See Genesis 3:21; Leviticus 8:14-15 & Leviticus 16:7-9)

The scapegoat carried sin's reminder (shame) away.

(See Leviticus 8:17 & Leviticus 16: 10, 21-22)

²²As the goat goes into the wilderness; it will carry all the people's sins upon itself into a desolate land.

II. The New Testament Solution: Jesus, the _____ of God

A. Jesus' sacrifice atoned for all sin _____

John 1:29 "John saw Jesus coming toward him and said, "Look! The Lamb of God who takes away the sin of the world!

(See 1 Peter 1:18-20a; Hebrews 9:21-23; Revelation 1:5b)

B. Jesus _____ the greatest shame

(See Hebrews 13:11-14)

C. Jesus _____ the message of shame

(See Hebrews 12:2b)

How to Recognize Shame

1. Fear of exposure and _____
2. Never feeling like you do well enough; perfectionism.
3. Devastated by _____
4. Overly critical of ourselves or others
5. Primarily motivated by what other people think.
6. Primarily motivated by fear, failure or _____
7. Underperforming to avoid risk
8. Feeling self-hate and self-deprecation.
9. Measuring your and others' value by _____
10. Rejecting others who do not measure up.

Five Steps to Overcome Shame

I. Get Naked Before God

1 John 1:8 "If we say that we have no sin, we deceive ourselves, and the truth is not in us."

Key: Jesus makes up the difference!

Jesus always sees us as we really are, and He loves us in our imperfections.

2 Corinthians 12:9-10 "He said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. ¹⁰ That's why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong."

Key: Shame is the prison that keeps us in the bondage of sin.

II. Take _____ for Your Behavior

A. Adam and Eve told the truth; they didn't own their behavior.

1. Confession: Telling the truth about my sin/problems
2. Repentance: Taking responsibility for my actions.

B. You Will Find a Scapegoat

God only recognizes one scapegoat - Jesus Christ

Jesus bears our sin and removes our shame when we are honest about our behavior.

2 Corinthians 7:10 "For the kind of sorrow God wants us to experience leads us away from sin and results in salvation. There's no regret for that kind of sorrow. But worldly sorrow, which lacks repentance, results in spiritual death."

III. _____ you are forgiven, and shame is removed

1 John 1:9 "But if we **confess** our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness."

A. Gr. 'Homolgeo:' same word - say the same thing; to agree

Overcoming Shame



The Overcoming Life - Week 9 May 3, 2020

The Rivers Church - 1548 Poole Blvd. - Yuba City, CA 95993
(530) 673-9366 - info@therivers.org

Psalm 103: 8-14 “The Lord is compassionate and merciful, slow to get angry and filled with unending love. ⁹He will not constantly accuse us, nor remain angry forever. ¹⁰He does not punish us for all our sins; he does not deal harshly with us, as we deserve. ¹¹For his unending love toward those who fear him is as great as the height of the heavens above the earth. ¹²**He has removed our sins as far from us as the east is from the west.** The Lord is like a father to his children, tender and compassionate to those who fear him. ¹⁴ For he knows how weak we are; he remembers we are only dust.

B. God has the ability to forgive and to forget

Hebrews 8:12 “For I will forgive their wickedness and will remember their sins no more.”

IV. Overcome with the Blood and the _____

Satan will always remind you.

Jesus battled shame’s message
(kataphronesis-despised, disregarded, to think nothing)

We battle Satan’s shame message with the Word of God

Romans 8:1 “So now there is no condemnation for those who belong to Christ Jesus.”

Revelation 12:10b-11a “For the accuser of our brothers and sisters, who accuses them before our God day and night, has been hurled down. ¹¹They triumphed over him by the blood of the Lamb and by the word of their testimony;

Key: The blood of Jesus cancels our sins and covers our shame.

V. Forgive Every Person Who Has _____ You

God never ministers more grace to us than we give to others.

Luke 6:37b;38b “Forgive, and you will be forgiven. ^{38b}For with the measure you use, it will be measured to you.”

Trust in Christ, take responsibility and stand on His Word

Promise:1 Peter 2:6 “For in Scripture it says: ‘See, I lay a stone in Zion, a chosen and precious cornerstone, and the one who trusts in him **will never be put to shame**.’”