

OVERCOMING SICKNESS

The Overcoming Life - Week 11

Isaiah 53:4-5 (TPT) “He was the one who carried our sicknesses and endured the torment of our sufferings. We viewed him as one who was being punished for something he himself had done, as one who was struck down by God and brought low. ⁵But it was because of our rebellious deeds that he was pierced and because of our sins that he was crushed. He endured the punishment that made us completely whole, and in his wounding, we found our healing.”

I. Why are we sick?

A. We live in a _____ world

John 9:1-3 “As Jesus was walking along, he saw a man who had been blind from birth. ²“Rabbi,” his disciples asked him, “why was this man born blind? Was it because of his own sins or his parents’ sins?” ³“It was not because of his sins or his parents’ sins,” Jesus answered. “This happened so the power of God could be seen in him.”

B. Diet and _____

Matthew 11:30 “For my yoke is easy to bear, and the burden I give you is light.”

C. _____

Deuteronomy 5: 9b-10 “I lay the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations of those who reject me. ¹⁰ But I lavish unending love for a thousand generations on those who love me.”

D. Spiritual _____ - Spirit of Infirmary

Luke 13:11-13a “Jesus saw a woman who had been crippled by an evil spirit. She had been bent double for eighteen years and was unable to stand up straight. ¹² When Jesus saw her, he called her over and said, “Dear woman, you are healed of your sickness!” ¹³ Then he touched her, and instantly she could stand straight.

E. _____ - Lack of Spiritual Covering (See John 5:1-14)

John 5:14 “Jesus found him and told him, “Now you are well; so stop sinning, or something even worse may happen to you.”

F. Death

Psalms 116:15 “The Lord cares deeply when his loved ones die.”

II. Why God Heals

- A. God _____ us as His children.
- B. Jesus experienced the torment and misery of sickness.

III. How God Heals - the Delivery Systems of Healing

A. _____

Mark 5:28-29 “She thought to herself, “If I can just touch his robe, I will be healed.” ²⁹ Immediately the bleeding stopped, and she could feel in her body that she had been healed of her terrible condition.”

B. Diet, Exercise, and Lifestyle

C. _____ - Walking in Grace

Luke 6:35-36 “Love your enemies! Do good to them. Lend to them without expecting to be repaid. Then your reward from heaven will be very great, and you will truly be acting as children of the Most High, for he is kind to those who are unthankful and wicked. ³⁶ You must be compassionate, just as your Father is compassionate. ³⁷ “Do not judge others, and you will not be judged. Do not condemn others, or it will all come back against you. Forgive others, and you will be forgiven.”

D. Spiritual Covering and Connection

James 5:14-15 “14 Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. ¹⁵ Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven.”

E. Prayer, Meditation, and _____ of the Word

Psalms 107:20 “He sent out his word and healed them, snatching them from the door of death.”

Mark 11:24 “I tell you, you can pray for anything, and if you believe that you’ve received it, it will be yours.”

F. Taking _____ over the Adversary

Luke 10:19 “I have given you authority over all the power of the enemy, and you can walk among snakes and scorpions and crush them. Nothing will injure you.”

G. Medical Science - Doctors

Colossians 4:14 “Luke, the beloved doctor, sends his greetings.”

The Overcoming Life

Overcome or Overcoming - God created us to be overcomers in this world. God intended for us to live a victorious, overcoming life.

Overcoming Rejection - Jesus was the most rejected man in the history of the world, but he overcame rejection on every level - and has empowered us to do the same!

Overcoming Doubt - Everyone has questions, "Why does God allow me to suffer?" or "Why doesn't God answer my prayers?" "What is the right decision?" "Did I really hear God?" We'll look honestly at our doubts and learn to overcome any doubt in our lives.

Overcoming Fear - On his way to the cross, Jesus experienced more fear than any person ever and yet He overcame. Based on Christ's example, we'll identify how to overcome our fears and accomplish God's will for our lives.

Overcoming Unforgiveness - In life, offenses, hurts, unkind words, rejection, and betrayal will come - sometimes from strangers, but sometimes from close friends or family. Regardless of the source, we must forgive to live as overcomers.

Overcoming Death - Jesus frees us from sin and death and his resurrection assures us of life eternal. He lived, died, and rose to give us a rich and satisfying life. (John 10:10)

Overcoming Discouragement - It is human nature to feel discouraged and overwhelmed. All of us will be discouraged from time to time, how we respond when we are down is always a choice. Our choice will determine our outcome.

Overcoming Shame - Even though we were created to live without shame, everyone battles guilt, regret and self-hate. However, Jesus rejected the curse of shame on the cross.

Overcoming Sickness - God still heals! So why isn't everyone healed? In this teaching we'll identify some of the different reasons for sickness to fully understand how He heals.

Overcoming Comparison - How do we stop dealing with unhealthy comparisons with others? The torment of comparison is perpetual, and God's only answer is for us to stop comparing!

Overcoming Sickness



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