

OVERCOMING UNFORGIVENESS

The Overcoming Life - Week 4

Luke 23:34 “Jesus said, “Father, forgive them, for they don’t know what they are doing.”

Phil. 4:13 I can do everything through Christ, who gives me strength

1 John 5:4 For every child of God defeats this evil world, and we achieve this victory through our faith.

I. God’s Promises to Overcomers

Revelation 2:7b “fruit from the tree of life in the paradise of God.”

Revelation 2:17b “To everyone. . .a white stone, and on the stone will be engraved a new name.”

Revelation 2:26–28 “Authority over all the nations.

Revelation 3:21 “Sit with me on my throne.”

II. God’s Perspective Concerning Unforgiveness

A. God views forgiveness _____.

Ephesians 4:26–27 And “don’t sin by letting anger control you.” Don’t let the sun go down while you are still angry, ²⁷for anger gives a foothold to the devil.

B. Unforgiveness is _____ from God’s perspective.

Matthew 18:21-23;35 Peter came to him and asked, “Lord, how often should I forgive someone who sins against me? Seven times?”²² “No, not seven times,” Jesus replied, “but seventy times seven!”³⁴ Then the angry king sent the man to prison to be tortured until he had paid his entire debt.³⁵ “That’s what my heavenly Father will do to you if you refuse to forgive your brothers and sisters from your heart.

C. We _____ forgiveness differently than God does.

Psalm 103:8–14 The Lord is compassionate and merciful, slow to get angry and filled with unfailing love.⁹ He will not constantly accuse us, nor remain angry forever . . .¹³ The Lord is like a father to his children, tender and compassionate to those who fear him.

III. Forgiveness means permanently:

A. Forgiving all _____ and bringing the balance to zero.

B. Forfeiting the right of reproach.

C. Forgoing all _____ of judgment.

God is the judge. See Matt. 10:16 & Romans 13:1–5

IV. How to Forgive from the Heart

A. Remember that our sins _____ Jesus His life.

B. Remember that God loves our offender as much as He loves us.

C. Release their _____ to us and release their judgment to God

Romans 12:17–19 Never pay back evil with more evil. Do things in such a way that everyone can see you are honorable. ¹⁸ Do all that you can to live in peace with everyone.¹⁹ Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, “I will take revenge; I will pay them back,” says the Lord.

D. _____ and _____ for them.

Luke 6:28 Bless those who curse you. Pray for those who hurt you.

E. _____ Satan.

1 Peter 5:8 Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour.

James 4:7 So humble yourselves before God. Resist the devil, and he will flee from you

a. Don’t go to bed _____

Ephesians 4:26-27 Don't sin by letting anger control you. Don't let the sun go down while you are still angry, ²⁷for anger gives a foothold to the devil.

b. Don't _____ unforgiveness

Matthew 6:15 "But if you refuse to forgive others, your Father will not forgive your sins."

1 John 3:10b "Anyone who does not live righteously and does not love other believers does not belong to God."

The Overcoming Life

Overcome or Overcoming - God created us to be overcomers in this world. God intended for us to live a victorious, overcoming life.

Overcoming Rejection - Jesus was the most rejected man in the history of the world, but he overcame rejection on every level - and has empowered us to do the same!

Overcoming Doubt - Everyone has questions, "Why does God allow me to suffer?" or "Why doesn't God answer my prayers?" "What is the right decision?" "Did I really hear God?" We'll look honestly at our doubts and learn to overcome any doubt in our lives.

Overcoming Unforgiveness - In life, offenses, hurts, unkind words, rejection, and betrayal will come - sometimes from strangers, but sometimes from close friends or family. Regardless of the source, we must forgive to live as overcomers.

Overcoming Discouragement - It is human nature to feel discouraged and overwhelmed. All of us will be discouraged from time to time, how we respond when we are down is always a choice. Our choice will determine our outcome.

Overcoming Fear - On his way to the cross, Jesus experienced more fear than any person ever and yet He overcame. Based on Christ's example, we'll identify how to overcome our fears and accomplish God's will for our lives

Overcoming Death - Jesus frees us from sin and death and his resurrection assures us of life eternal. He lived, died, and rose to give us a rich and satisfying life. (John 10:10)

Overcoming Shame - Even though we were created to live without shame, everyone battles guilt, regret and self-hate. However, Jesus rejected the curse of shame on the cross.

Overcoming Sickness - God still heals! So why isn't everyone healed? In this teaching we'll identify some of the different reasons for sickness to fully understand how He heals.

Overcoming Comparison - How do we stop dealing with unhealthy comparisons with others? The torment of comparison is perpetual, and God's only answer is for us to stop comparing!

Overcoming Unforgiveness



The Overcoming Life - Week 5
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