OVERCOMING FEAR

The Overcoming Life - Week 4

Luke 22:39–47 ⁴²"Father, if you are willing, please take this cup of suffering away from me. Yet I want your will to be done, not mine." ⁴³Then an angel from heaven appeared and strengthened him. ⁴⁴He prayed more fervently, and he was in such agony of spirit that his sweat fell to the ground like great drops of blood.

Why Jesus Was So Fearful Before His Death

I. He was and is fully	
Hebrews 4:15 "This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin."	
Hebrews 5:1–2 ² " And he is able to deal gently with ignorant and wayward people because he himself is subject to the same weaknesses."	
Hebrews 2:14–15 "Because God's children are human beings—made of flesh and blood—the Son also became flesh and blood. For only as a human being could he die, and only by dying could he break the power of the devil, who had the power of death. ¹⁵ Only in this way could he set free all who have lived their lives as slaves to the fear of dying."	
II. Jesus knew He was to endure.	
Jesus knew	
their thoughts (Matthew 9:4; 12:25; Mark 2:8; Luke 5:22; 6:8) their plans (Matthew 12:15) their motives (Matthew 22:18) John 2:24 "But Jesus didn't trust them, because he knew all about people."	
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Luke 22:44 "And being in agony He was praying very fervently; and His sweat became like drops of blood, falling down upon the ground."

How to Overcome Fear

2 Timothy 1:7 "For God has not but of power, love, and sound r	given us a spirit of fear and timidity, nind."	
I. your fear without shame. See Hebrews 4:16 Philippians 4:6 "Don't worry about anything; instead, pray about everything. Tell God what you need and thank him for all he has done.		
	dly to the throne of our gracious God. , and we will find grace to help us when	
II. your fears to God. See James 4:6–8a 1 Peter 5:7 "Give all your worries to God, for he cares about you."		
III. Focus on God's	,	
	_ and	
	k through the darkest valley, I will not beside me. Your rod and your staff	
shaken, for he is right beside r rejoice. My body rests in safety the dead or allow your holy on	ord is always with me. I will not be me. ⁹ No wonder my heart is glad, and I . ¹⁰ For you will not leave my soul among e to rot in the grave. ¹¹ You will show me e joy of your presence and the pleasures	
For God has said, "I will never	oney; be satisfied with what you have. fail you. I will never abandon you." ⁶ So The Lord is my helper, so I will have no to me?	
• •	e God who takes care of me will supply riches, which have been given to us in 13:31–33 & Numbers 14:6–9)	
IV. Face your fears by	and watch them crumble.	

Luke 24:36 "Jesus himself was suddenly standing there among them. "Peace be with you."

The Overcoming Life

Overcome or Overcoming - God created us to be overcomers in this world. God intended for us to live a victorious, overcoming life.

Overcoming Rejection - Jesus was the most rejected man in the history of the world, but he overcame rejection on every level - and has empowered us to do the same!

Overcoming Doubt - Everyone has questions, "Why does God allow me to suffer?" or "Why doesn't God answer my prayers?" "What is the right decision?" "Did I really hear God?" We'll look honestly at our doubts and learn to overcome any doubt in our lives.

Overcoming Unforgiveness - In life, offenses, hurts, unkind words, rejection, and betrayal will come - sometimes from strangers, but sometimes from close friends or family. Regardless of the source, we must forgive to live as overcomers.

Overcoming Discouragement - It is human nature to feel discouraged and overwhelmed. All of us will be discouraged from time to time, how we respond when we are down is always a choice. Our choice will determine our outcome.

Overcoming Fear - On his way to the cross, Jesus experienced more fear than any person ever and yet He overcame. Based on Christ's example, we'll identify how to overcome our fears and accomplish God's will for our lives

Overcoming Death - Jesus frees us from sin and death and his resurrection assures us of life eternal. He lived, died, and rose to give us a rich and satisfying life. (John 10:10)

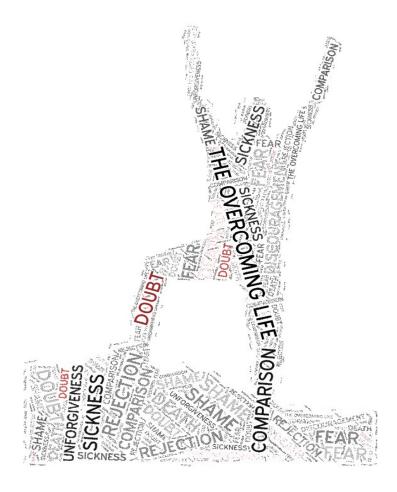
Overcoming Shame - Even though we were created to live without shame, everyone battles guilt, regret and self-hate. However, Jesus rejected the curse of shame on the cross.

Overcoming Sickness - God still heals! So why isn't everyone healed? In this teaching we'll identify some of the different reasons for sickness to fully understand how He heals.

Overcoming Comparison - How do we stop dealing with unhealthy comparisons with others? The torment of comparison is perpetual, and

God's only answer is for us to stop comparing!

Overcoming Fear



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