

OVERCOMING DOUBT

The Overcoming Life - Week 3

John 20:19-29 ²⁷ Then he (Jesus) said to Thomas, “Put your finger here, and look at my hands. Put your hand into the wound in my side. Don’t be faithless any longer. Believe!” ²⁸ “My Lord and my God!” Thomas exclaimed. ²⁹ Then Jesus told him, “You believe because you have seen me. Blessed are those who believe without seeing me.”

I. Doubt is a _____ issue

A. _____ had doubts.

B. The _____ doubted

Matthew 14:24 - 27; Luke 24:39-40

Matthew 28:17 “When they saw him, they worshiped him—but some of them doubted!”

C. Others doubted

1. _____ - Genesis 15:4-5; 16:1-3; 17:17-18

2. _____ - 2 Samuel 6:8-10

3. _____ - Exodus 4:1-3

4. Children of Israel - Exodus 16:2-3

D. Doubt = _____ vision

II. Three truths about doubt

A. There is a difference between doubt and _____.

Henry Drummond said, “Doubt is *can’t believe*; unbelief is *won’t believe*. Doubt is honesty; unbelief is obstinacy. Doubt is looking for light; unbelief is content with darkness.”

B. Jesus was gracious to doubters

1. _____ - John 3:1–21

2. Mary and Martha - John 11:17–32

3. A doubting _____ whose son was possessed (Mk 9:24)

C. Doubt itself is not sin

III. Three Steps to Overcome Doubt

A. _____ your Doubts to God

B. Trust _____ to Resolve your Doubts

Romans 10:17 “Faith comes from hearing, that is, hearing the Good News about Christ.”

Luke 9:22 “The Son of Man must suffer many terrible things,” he said. “He will be rejected by the elders, the leading priests, and the teachers of religious law. He will be killed, but on the third day he will be raised from the dead.”

Matthew 14:26-31 “When the disciples saw him walking on the water, they were terrified. In their fear, they cried out, “It’s a ghost!” ²⁷ But Jesus spoke to them at once. “Don’t be afraid,” he said. “Take courage. I am here!”

Genesis 3:1 “One day the serpent asked the woman, “Did God really say you must not eat the fruit from any of the trees in the garden?”

C. _____ in Faith and See What Happens

1. Faith is not the _____ of doubt.

Faith is _____ doubt.

2. _____ in faith does not mean that you have no doubts.

It means your _____ is made up.

“You will doubt it until you do it, and then you won’t because you don’t.” In other words, you will understand after you do what God says and experience the results—but not before!

Psalm 111:10 “Fear of the Lord is the foundation of true wisdom. All who obey his commandments will grow in wisdom.”

Hebrews 11:6 “It is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.”

Jeremiah 29:11 “For I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.”

The Overcoming Life

Overcome or Overcoming - God created us to be overcomers in this world. God intended for us to live a victorious, overcoming life.

Overcoming Rejection - Jesus was the most rejected man in the history of the world, but he overcame rejection on every level - and has empowered us to do the same!

Overcoming Doubt - Everyone has questions, "Why does God allow me to suffer?" or "Why doesn't God answer my prayers?" "What is the right decision?" "Did I really hear God?" We'll look honestly at our doubts and learn to overcome any doubt in our lives.

Overcoming Unforgiveness - In life, offenses, hurts, unkind words, rejection, and betrayal will come - sometimes from strangers, but sometimes from close friends or family. Regardless of the source, we must forgive to live as overcomers.

Overcoming Discouragement - It is human nature to feel discouraged and overwhelmed. All of us will be discouraged from time to time, how we respond when we are down is always a choice. Our choice will determine our outcome.

Overcoming Fear - On his way to the cross, Jesus experienced more fear than any person ever and yet He overcame. Based on Christ's example, we'll identify how to overcome our fears and accomplish God's will for our lives

Overcoming Death - Jesus frees us from sin and death and his resurrection assures us of life eternal. He lived, died, and rose to give us a rich and satisfying life. (John 10:10)

Overcoming Shame - Even though we were created to live without shame, everyone battles guilt, regret and self-hate. However, Jesus rejected the curse of shame on the cross.

Overcoming Sickness - God still heals! So why isn't everyone healed? In this teaching we'll identify some of the different reasons for sickness to fully understand how He heals.

Overcoming Comparison - How do we stop dealing with unhealthy comparisons with others? The torment of comparison is perpetual, and God's only answer is for us to stop comparing!

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